

Installation instructions

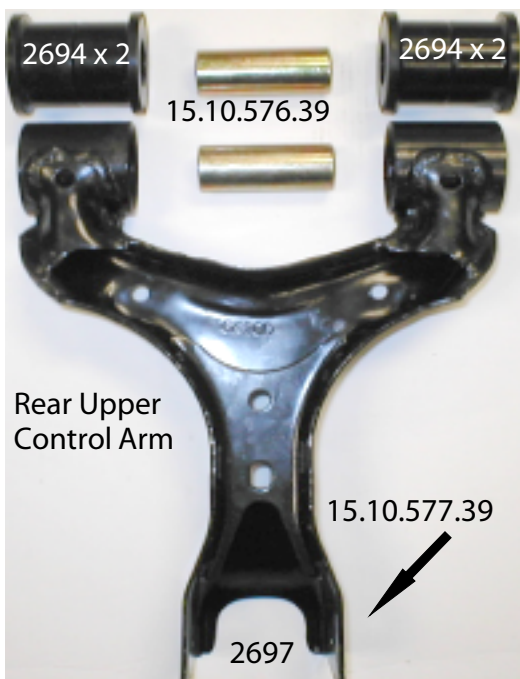
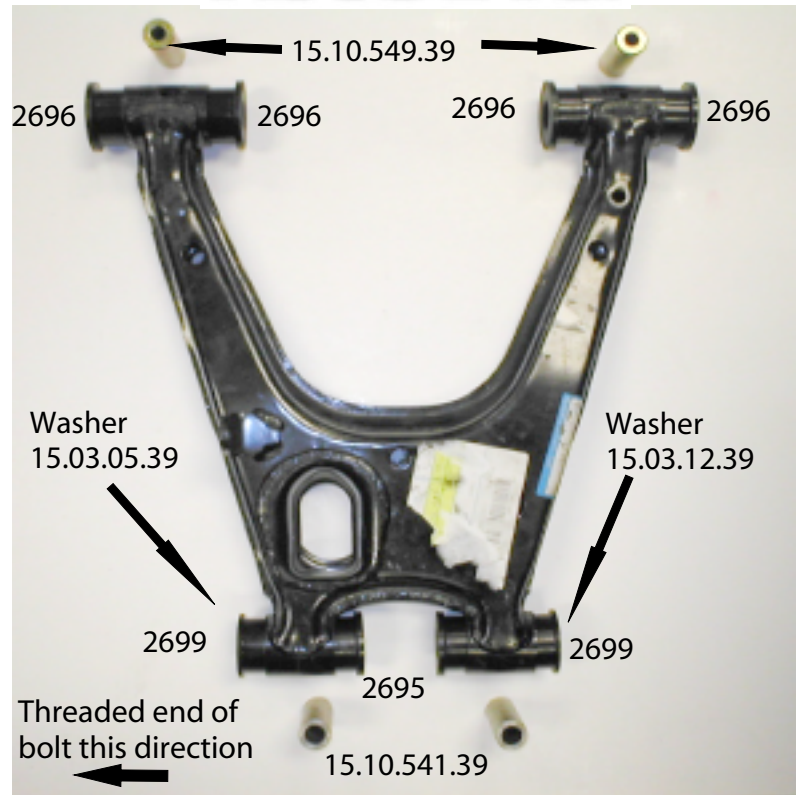
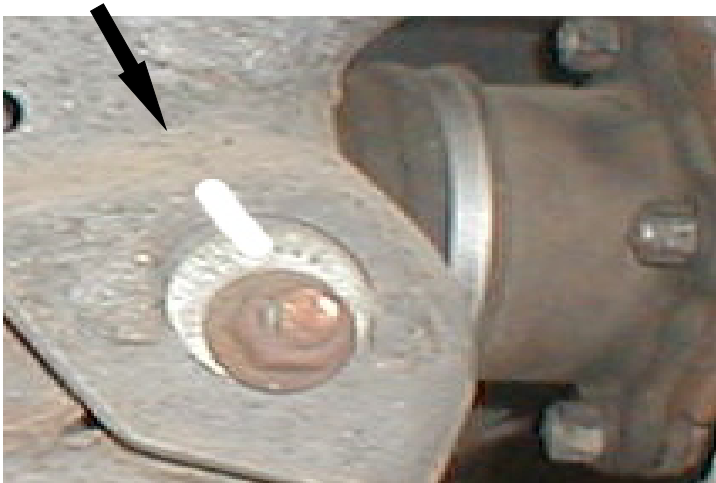
90-05 Mazda Miata

Set # 1 1.3106

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Note: It is recommended that this set be professionally installed if you are unfamiliar with this type of work. A factory service manual should be obtained prior to performing any work on your vehicle for proper disassembly, reassembly and torque specs. These instructions are intended for bushing removal and install of Energy Suspension polyurethane bushings, once you have removed the factory component from your vehicle.

Note: It is good practice to mark all alignment eccentrics prior to disassembly to aid in basic realignment after reassembly. Re-align the vehicle after bushing installation.



Remove the stock bushings from both control arms by pressing them out. Either hydraulic press or C-clamp with impact wrench. Thoroughly clean the inside of the control arm of any rubber residue. Apply supplied Hyperlube to all urethane to metal contact points.

Parts List:

- 8 - 2694 Upper Control arm
- 4 - 2695 Lower outside position / inside
- 8 - 2696 Lower inside position
- 4 - 2697 Hub to upper control arm
- 4 - 2699 Lower outer position / outside
- 4 - 15.10.541.39 (.875" x .562" x 2.270") RLCA Outer
- 4 - 15.10.549.39 (.875" x .500" x 2.750") RLCA Inner
- 4 - 15.10.576.39 (.875" x .406" x 2.200") RUCA
- 2 - 15.10.577.39 (.750" x .406" x 2.250") Hub
- 2 - 15.03.05.39 Washer (2.000" x .500" x .120")
- 2 - 15.03.12.39 Washer (2.000" x .562" x .120")
- 1 - 17492 Instruction sheet
- 4 - 9.11 101 Grease